



JVK'S BULLETIN

JOSEPH VIDHYA KSHETRA SENIOR SECONDARY SCHOOL

POONAMALLEE-CHENNAI.

AFFILIATION NO:1931476



TAKE A PEEK!

- KICK-START MEETING AT JOSEPH VIDHYA KSHETRA
- JVK STEPS INTO ACADEMIC YEAR 2025-2026
- HEALTH CHECK-UP CAMPS
- JVK CELEBRATES WORLD HEALTH DAY
- MICRO TEACHING SESSIONS
- EDUCATOR ORIENTATION PROGRAM
- BASIC ASSESSMENT TEST
- ORIENTATION PROGRAM ON CLASSROOM MANAGEMENT
- TOPPER'S MEET
- PARENTS ORIENTATION PROGRAM
- TERM I EXAM
- PARENTS TEACHERS MEETING

Principal's Desk

Dear JVK students,

Summer is here, and with it comes the scorching heat. To stay cool and healthy, remember these simple tips! Drink plenty of water throughout the day—at least 8 glasses—to stay hydrated. Wear light, loose cotton clothes and avoid going out during peak afternoon hours. If you need to step out, wear a cap or use an umbrella and apply sunscreen.

Eat light meals, rich in fruits like watermelon, cucumber, and oranges. Avoid spicy and oily food that can raise your body temperature. Take breaks often and try to stay indoors in shaded or well-ventilated areas.

Your health is important, especially during exam season. Staying cool helps you stay focused and energized. Let's beat the heat smartly and safely. Stay cool, stay strong!



JVK SCHOOL OPENS FOR ACADEMIC YEAR 2025-2026 WITH RENEWED HOPE AND EXCITEMENT

As the sun rises on a brand new academic year, JVK School proudly welcomed its students back to campus, marking the beginning of the 2025-2026 school year with enthusiasm, positivity, and a renewed commitment to excellence in education.

The academic year officially commenced on April 3, 2025, for students from Grades 2 through 8. The school campus came alive with the familiar buzz of students reuniting with friends, meeting new teachers, and stepping into a year full of opportunities to grow and excel. Classrooms, carefully prepared by dedicated staff, were ready to inspire curiosity, creativity, and collaboration.

Meanwhile, the school is eagerly preparing to receive its newest young learners, the incoming Grade 1 students, who will begin their exciting educational journey on June 7, 2025. Special arrangements are being made to ensure a smooth and joyful transition for these little ones, who will soon become an integral part of the JVK family.

This academic year is filled with hope, high expectations, and a shared vision of nurturing each child's potential. From academics to co-curricular activities, JVK remains committed to providing a well-rounded and enriching experience for every student.

The JVK community—students, parents, teachers, and staff—steps into this new chapter

together, with hearts full of hope and minds ready to embrace new challenges and achievements.

Here's to a year of learning, laughter, and limitless possibilities at JVK School!

JVK SCHOOL STRENGTHENS ITS COMMITMENT TO COMMUNITY WELLNESS WITH HEALTH CHECK-UP CAMPS FOR PARENTS AND STUDENTS

At JVK School, education goes beyond textbooks—it encompasses the overall development and well-being of students and the larger school community. In line with this philosophy, JVK took a proactive step toward promoting health awareness by organizing two impactful health initiatives during the month of April 2025.

April 16: General Health Check-Up for Parents

In a rare and commendable move, JVK School organized a General Health Check-up exclusively for parents on April 16, 2025. Recognizing that the health of students is closely connected to the wellness of their families, JVK extended its care beyond the classroom. Parents were invited to the school campus to participate in the check-up, which included basic health screenings such as blood pressure monitoring, sugar level tests, BMI assessments, and general physical evaluations.

The response was overwhelmingly positive, with more than 100 parents attending the event. The school's initiative was not only appreciated for its thoughtfulness but also for creating a platform where health awareness became a community -



driven effort. Parents expressed gratitude for the opportunity, as many found it a convenient way to monitor their health without disrupting their daily routines.

This initiative was a clear reflection of JVK's belief that a healthy home environment significantly contributes to a child's learning and development. By addressing the wellness needs of parents, JVK is helping to foster a more supportive, mindful, and health-conscious school community.

April 23: Eye Check-Up for Students (Grades 6–8)

Continuing its focus on preventive healthcare, JVK School hosted a Eye Check-up for students of Grades 6 to 12 on April 23, 2025, at the school's outdoor auditorium. The event was held in collaboration with Kauvery Hospital recognized for their excellence in healthcare services.

Medical professionals from the Kauvery hospitals set up on-site diagnostic stations, where students underwent vision screening. The ophthalmology team screened for common vision problems, eye strain, and overall eye health.

Throughout the event, students were also educated on the importance of regular check-ups, maintaining personal hygiene, and adopting healthy habits. Where necessary, follow-up consultations and referrals were suggested for students who required additional care.

Both events were conducted smoothly and efficiently, with a strong emphasis on hygiene, safety, and comfort. The success of these health initiatives reflects JVK's ongoing dedication to

nurturing not only academic growth but also physical and emotional well-being. It's a reminder that health and education go hand in hand, and that a thriving student body requires a foundation built on care, awareness, and proactive community support.

These initiatives have further strengthened the trust between JVK School and its parent community, reinforcing the school's role not just as an educational institution, but as a cornerstone of holistic development.

JVK School plans to continue such health-focused events in the future, expanding its wellness programs to include mental health awareness, nutrition counseling, and fitness-related initiatives. With each step, the school remains committed to creating a safe, healthy, and enriching environment for all members of its extended community.

JVK CELEBRATES WORLD HEALTH DAY WITH ENERGY, CREATIVITY, AND WELLNESS AWARENESS

On April 16, 2025, JVK School came alive with color, energy, and enthusiasm as it celebrated World Health Day, a special initiative dedicated to promoting healthy lifestyles and wellness awareness among students. The celebration was



centered around the theme of “My Health, My Responsibility,” and saw vibrant participation from students of Grades 3 to 5.

The day kicked off with a series of fun, health-focused games and physical activities designed to promote fitness and teamwork. Guided by their teachers, students engaged in activities that emphasized the importance of daily movement, stretching, and staying active—proving that exercise can be both enjoyable and educational.

Students took the message of health and wellness to heart by creating colorful posters that highlighted the benefits of good hygiene, balanced nutrition, regular exercise, and mental well-being. These posters, filled with bright images and powerful slogans, were displayed in the classrooms, turning them into vibrant wellness zones.

In addition to posters, students also decorated their classrooms with health-related themes using handmade charts, slogans, and artwork, creating an environment that visually reinforced the importance of a healthy lifestyle.

One of the most heartwarming moments of the day was the healthy food sharing session. Each student brought a nutritious food item from home and proudly shared it with classmates. More importantly, students were encouraged to explain the nutritional value of what they brought—talking about vitamins, minerals, fiber, and other health benefits of fruits, vegetables, grains, and traditional foods.

This peer-sharing experience helped students better understand the impact of what they eat, fostering mindful eating habits at a young age.

To round off the celebration, the school’s Physical Education Trainers conducted special yoga sessions for the students. These sessions introduced basic breathing techniques, stretching exercises, and simple yoga asanas to help students relax, stay focused, and feel refreshed. The inclusion of yoga added a holistic touch to the day, emphasizing the balance between physical and mental health.

The World Health Day celebration at JVK was a resounding success—filled with active participation, joyful learning, and meaningful conversations. It reflected the school’s ongoing commitment to shaping well-rounded individuals who not only excel academically but also value and care for their health and well-being.

Through initiatives like these, JVK continues to inspire its students to embrace a healthy lifestyle, creating a ripple effect that extends to their homes, communities, and beyond.

JVK CONDUCTS MICRO TEACHING SESSIONS TO EMPOWER EDUCATORS FROM KG TO GRADE 8

In its pursuit of continuous improvement and teaching excellence, JVK organized a series of Micro Teaching sessions for its educators, spanning from Kindergarten to Grade 8. This professional development initiative aimed at enhancing instructional skills, promoting reflective teaching practices, and fostering collaborative growth among faculty members.



Micro teaching is a focused training technique that allows teachers to practice and refine specific teaching strategies in a structured and supportive environment. At JVK, the sessions provided educators an opportunity to demonstrate short, skill-based lessons to their peers, receive constructive feedback, and reflect on ways to improve classroom delivery and engagement.

Educators explored a wide range of teaching techniques, including interactive questioning, activity-based learning, concept explanation, classroom management strategies, and the effective use of teaching aids. The process also emphasized clarity in communication, time management, and building rapport with students.

The micro teaching initiative at JVK underscores the school's dedication to professional excellence and reflective practice. By investing in the development of its educators, JVK ensures that students benefit from dynamic, engaging, and well-structured classroom experiences.

As a result of this initiative, educators walked away with renewed confidence, fresh insights, and a shared commitment to delivering high-quality education. The sessions also strengthened the spirit of teamwork, continuous learning, and innovation among the faculty.

JVK remains steadfast in its mission to nurture not just learners, but lifelong educators—empowered, inspired, and prepared to meet the evolving needs of 21st-century classrooms.

JVK HOSTS EDUCATOR ORIENTATION PROGRAM ON “PUNISHMENT VS DISCIPLINE”

On April 12, 2025, JVK School conducted an insightful orientation program for educators of Grades 1 to 8, led by the school's counsellor, Mrs. Anila. The session, centered on the topic “Punishment vs Discipline,” aimed to deepen educators' understanding of effective classroom management and the emotional well-being of students.

Mrs. Anila, known for her compassionate approach and expertise in student psychology, guided the session with clarity and empathy. She emphasized the crucial difference between punishment, which often stems from frustration or control, and discipline, which is rooted in guidance, respect, and long-term behavioral development.

Through real-life examples, group discussions, and reflective questioning, educators were encouraged to reconsider traditional practices and explore more constructive, student-centered approaches to managing behavior.

The session offered practical strategies to help teachers foster a positive classroom environment, including:

- Building clear expectations and consistent routines
- Using natural and logical consequences
- Encouraging student ownership of behavior



- Practicing empathetic listening and communication
- Reinforcing positive behaviors rather than focusing solely on mistakes

Educators also explored how emotional regulation, mutual respect, and trust play key roles in developing discipline that uplifts rather than punishes.

The orientation was highly interactive, with teachers sharing their experiences and challenges. The open dialogue created a space for peer learning and honest reflection, reinforcing JVK's commitment to continuous professional development and student-centered education.

By the end of the session, educators walked away with practical tools, a refreshed mindset, and a deeper understanding of how to support their students' behavioral and emotional growth without resorting to punitive measures.

This orientation program is part of JVK's larger mission to promote holistic, values-based education. By empowering teachers with knowledge and empathy, the school ensures that classrooms remain safe, nurturing, and inspiring spaces for every learner.

KICK-START MEETING AT JOSEPH VIDHYA KSHETRA: A VISIONARY BEGINNING TO THE ACADEMIC YEAR

On 5th April, the Joseph Vidhya Kshetra (JVK) campus came alive with renewed energy and purpose as it hosted the Kick-Start Meeting for the academic year. The meeting, held in the

indoor auditorium, brought together the leadership, academic coordinators, and faculty members of the institution to lay the groundwork for a productive and inspired start to the school year.

The session was chaired by Rev. Sr. Dr. Sasikala, Correspondent of the DFT Group of Schools, whose presence added gravitas and vision to the gathering. In her address, Sr. Dr. Sasikala emphasized the rules and regulations of the institution, reiterating the values, discipline, and standards expected from both staff and students. Her address served as a reminder of the school's commitment to holistic education rooted in moral and academic excellence.

Mr. Ignatius Xavier, Director of the DFT Group of Schools, delivered a powerful and motivating speech, highlighting the evolving role of educators in today's world. He spoke about the responsibility teachers hold in shaping young minds, fostering creativity, and encouraging critical thinking. His words inspired teachers to reflect on their own practices and embrace innovation in the classroom.

Following him, Mr. Manoj V.A., Principal of Joseph Vidhya Kshetra, addressed the team with great enthusiasm and clarity. His motivational message focused on the importance of teamwork, consistency, and continuous improvement. He appreciated the staff for their past efforts and encouraged them to strive for even greater achievements in the upcoming months.

A key part of the meeting was the presentation by the academic coordinators, who outlined their



action plans for the months of April and June. These plans detailed subject-wise goals, co-curricular activities, assessment strategies, and student engagement programs. The presentations reflected thoughtful planning and a shared commitment to delivering quality education.

The Kick-Start Meeting was not only a platform for strategic planning but also an opportunity to reaffirm the collective vision and values that guide the Joseph Vidhya Kshetra community. With leadership guidance, coordinated planning, and staff dedication, the institution looks forward to a successful academic journey ahead.

JVK CONDUCTS COMPREHENSIVE BASIC ASSESSMENT TEST FOR GRADES 1 TO 8

As part of its commitment to academic excellence and continuous improvement, Joseph Vidhya Kshetra (JVK) conducted its annual Basic Assessment Test on the 16th and 17th of April 2025. The assessment was designed for students from Grade 1 to Grade 8, covering the core subjects of English, Science, and Mathematics.

This initiative plays a crucial role in JVK's academic planning, acting as a diagnostic tool to evaluate students' foundational knowledge and conceptual clarity at the start of the academic year. The test provides valuable insights into each student's current level of understanding, helping educators tailor their instructional methods to meet individual and collective learning needs.

The Basic Assessment Test was conducted in a structured and well-coordinated manner, ensuring that students had a comfortable and focused environment to perform at their best. The questions were designed to assess not just rote memory, but also critical thinking, comprehension, and application skills – aligning with the school's mission to foster meaningful and holistic learning.

In English, students were evaluated on their reading, writing, grammar, and vocabulary skills. The Science section tested their understanding of basic scientific principles, observation skills, and inquiry-based thinking, while the Mathematics assessment focused on numeracy, problem-solving, and logical reasoning.

Following the test, teachers and academic coordinators will conduct a detailed analysis of the results to identify learning gaps and student strengths. This data-driven approach will support the development of customized lesson plans, remedial sessions, and enrichment activities, ensuring that every student receives the guidance they need to progress confidently through the academic year.

Principal Mr. Manoj V.A. emphasized the importance of such assessments in building a strong academic foundation and noted that the insights gained would directly contribute to the personalized learning approach that JVK is known for.

The successful execution of the Basic Assessment Test stands as a testament to the dedication of the



school's faculty and support staff, who worked collaboratively to ensure the smooth conduct of the test and the well-being of every student involved.

With this strong academic start, JVK continues to uphold its vision of nurturing young minds with clarity, confidence, and competence.

ORIENTATION PROGRAM ON CLASSROOM MANAGEMENT FOR EARLY YEARS EDUCATORS

In a commendable effort to enhance the foundation of early childhood education, our Principal, Mr. Manoj V. A, led a comprehensive orientation program for educators teaching Kindergarten to Grade 2. Held on the 23rd of April, the session was conducted with warmth and clear intent, centering on the crucial theme of effective classroom management—an essential element in creating impactful learning experiences for young learners.

Understanding that the early years are crucial in shaping a child's academic and emotional development, the orientation provided educators with practical tools and strategies to create structured, nurturing, and engaging classroom environments. The program covered key areas such as:

- Establishing consistent daily routines
- Positive reinforcement and behavior guidance
- Managing transitions smoothly
- Building strong teacher-student relationships

- Encouraging independence and responsibility in young children
- Creating inclusive learning spaces that support diverse needs

The session also served as a platform for reflection and open dialogue, allowing teachers to share experiences, discuss challenges, and collaboratively explore solutions. It reinforced the importance of empathy, patience, and intentional planning in the day-to-day rhythm of early childhood classrooms.

Educators expressed deep appreciation for the Principal's insights, noting the session's relevance and applicability to their teaching practice. The orientation concluded with a renewed sense of purpose and unity, setting a positive and prepared tone for the academic year ahead.

We applaud our dedicated educators for their enthusiasm and unwavering commitment to growth, and extend heartfelt thanks to our Principal for leading this inspiring and empowering initiative.

STRENGTHENING SCHOOL-HOME PARTNERSHIPS

Joseph Vidhya Kshetra Senior Secondary School successfully conducted a focused and interactive Parent-Teacher Meeting (PTM) on Thursday, 17th April 2025, exclusively for the students of Grades X and XII. Held between 12:30 PM and 3:00 PM, the event witnessed enthusiastic participation



from parents who were keen to discuss the academic progress of their children during this crucial stage of their education.

The meeting was part of the school's ongoing commitment to maintaining transparent and meaningful communication between teachers and parents. As board exams approach, the PTM offered an important opportunity for parents to engage in one-on-one discussions with subject teachers about performance in recent assessments, classroom participation, assignment submissions, and areas needing improvement.

Teachers provided detailed feedback on each student's strengths and weaknesses, shared insights into their classroom behavior, and recommended personalized strategies for academic enhancement. Parents raised thoughtful queries about syllabi coverage, exam readiness, and support systems, all of which were addressed with clarity by the faculty.

The interaction went beyond marks and grades. Teachers emphasized the importance of time management, regular revision, and consistent study habits. Parents appreciated the constructive guidance and expressed satisfaction with the school's academic planning and support. Many also shared their feedback on teaching methods and suggested ways to further help students cope with academic stress.

The PTM concluded with a shared understanding of goals and responsibilities. It reaffirmed the school's belief that a strong partnership between educators and parents plays a vital role in shaping student success. The day stood as a testament to the importance of

communication, commitment, and cooperation in education.

Academic Commitment Shines as Term I Exams Commence

Joseph Vidhya Kshetra Senior Secondary School commenced the Term I examinations for Grades X and XII on 23rd April 2025. The exams are scheduled to continue through 30th April 2025, marking a significant phase in the academic calendar, particularly for students preparing for their board examinations.

In the weeks leading up to the exams, both students and teachers have been actively involved in a series of structured revision programs. The school implemented a thorough academic plan to ensure every student had ample opportunity to revisit key concepts, strengthen their understanding, and practice application-based questions.

Subject teachers dedicated extra hours to guide students through mock tests, solve past board papers, and conduct focused revision classes tailored to each subject's syllabus. Small group sessions, one-on-one doubt-clearing opportunities, and classroom discussions played a key role in helping students solidify their preparation.

Students showed great enthusiasm and responsibility by participating in all revision activities, completing assignments, and regularly



consulting teachers to clarify doubts. Their disciplined approach and commitment to academic excellence have been commendable.

The school also ensured a calm and supportive environment during the exam days, with a well-organized timetable and careful supervision to maintain smooth conduct. Students entered the examination halls with confidence and a strong sense of purpose, backed by weeks of consistent effort.

The Principal and academic coordinators acknowledged the hard work of both students and teachers. They emphasized that these exams are not just assessments but opportunities to identify strengths and areas of improvement early in the academic year.

As the exams continue through the coming week, the school remains committed to encouraging students to stay focused, manage their time effectively, and apply the knowledge they have gained. The Term I examinations serve as a vital academic checkpoint, preparing students for the challenges ahead with clarity and confidence.

A PATHWAY TO SUCCESS: WEEKLY MENTORSHIP FOR TOPPERS

At Joseph Vidhya Kshetra Senior Secondary School, academic excellence is not only encouraged but actively nurtured through thoughtful initiatives. One such impactful program is the weekly academic session conducted every Wednesday by the Principal, Mr.

Manoj V.A., exclusively for the top-performing students of Grades X and XII.

These sessions are more than just motivational meetings—they are structured and purposeful interactions aimed at helping students reach their full academic potential, especially as they approach the critical phase of their board examinations.

During each session, Mr. Manoj shares a variety of strategies to enhance exam preparation, including how to develop a subject-wise study plan, set short- and long-term academic goals, and manage time efficiently. He also introduces smart learning techniques such as active recall, regular self-assessment, targeted revisions, and the importance of consistent practice over last-minute cramming.

A unique aspect of these sessions is the opportunity for two-way communication. Students are encouraged to voice their concerns, express difficulties they face in specific subjects, and provide feedback on the academic challenges they encounter. Whether it's a complex topic in Physics, recurring doubts in Mathematics, or the need for more writing practice in English, every concern is attentively heard and addressed by the principal.

Mr. Manoj ensures that individual learning needs are recognized and respected. Based on student input, he collaborates with subject teachers to arrange remedial classes, concept



revision sessions, or extra practice worksheets, providing additional academic support wherever necessary. These student insights also help the school assess areas where curriculum delivery can be improved.

In addition to academics, the principal often addresses broader skills that are essential for success—such as exam temperament, focus under pressure, stress management, and the importance of maintaining a balanced routine. He reminds students that discipline, consistency, and a positive mindset are just as important as subject knowledge.

Students have responded enthusiastically to this initiative. They feel heard, guided, and supported—knowing that their academic growth is being personally monitored by the school’s leadership. The sessions have not only helped students improve performance but have also instilled a deeper sense of responsibility, ownership, and motivation.

This weekly interaction reflects the school’s student-first philosophy and its commitment to excellence through personalized mentoring. By directly engaging with students and valuing their feedback, the school is building a culture of open dialogue, academic discipline, and continuous improvement.

Joseph Vidhya Kshetra continues to lead by example, creating an environment where students are not only prepared to face exams—but are inspired to exceed their own expectations.

CHARTING THE COURSE: PARENT ORIENTATION FOR JEE-NEET ASPIRANTS

On April 24, JVK School organized an engaging orientation for parents of students enrolled in its JEE-EE and NEET preparatory courses. Chaired by Principal Mr. Manoj V. A., the session underscored the strategic importance of early, focused coaching in building strong conceptual foundations. Parents of Grades 6–9 learned about the program’s comprehensive roadmap—modular syllabus, fortnightly mock tests, targeted doubt-clearing workshops, and one-on-one mentoring by JVK’s specialist faculty. Mr. Manoj highlighted how parental involvement—through co-crafted study schedules, progress tracking, and emotional support—can dramatically enhance student performance. The interactive Q&A segment addressed key concerns about balancing schoolwork and coaching hours. The orientation concluded with a commitment from both school and families to collaborate closely on the students’ journey toward exam excellence.



JVK'S TREASURED MOMENTS



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INSTAGRAM

<https://www.instagram.com/josephvidhyakshetra/>

FACEBOOK

<https://www.facebook.com/josephvidhyakshetra>

YOUTUBE

FIRST DAY OF SCHOOL-GRADE 1

<https://www.youtube.com/watch?v=knvIGOoKqro>

GLIMPSE OF KINDERGARTEN

<https://www.youtube.com/watch?v=YGdrnTXXaLM>

ANNUAL REPORT

<https://www.youtube.com/watch?v=gOm4o3O6bA8>

SEASONAL TYPES

https://www.youtube.com/watch?v=1pr_rL79Hso

SCIENCE EXPO

<https://www.youtube.com/watch?v=Rke-eDLWA4E&t=4s>

PRAYER SONG-KINDER GARTEN

<https://www.youtube.com/watch?v=PALm1TbcZLI>

